# ARCANA HAIR \* BEAUTY

BEAUTY \*
TREATMENTS

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All our Gatineau Expert Facials feature a relaxation ritual including a specific draining stimulation to the eyes and face, and a soothing massage to the face, shoulders and hands.

Available as 60 or 90 minute treatments.

## WAKE UP & GLOW SEA MINERAL FACIAL

#### 60 / 90 minutes

This energising facial uses our coveted anti-fatigue cooling Filmomasque which is packed with Asparlyne Sea Weed Extract to de-stress and re-charge the skin.

Combined with our patented youth activating molecule Mélatogénine, fine lines and wrinkles are smoothed, your skin is left feeling hydrated and radiance is restored.



## ULTIMATE AGE DEFYING FACIAL

60 / 90 minutes

This rejuvenating treatment uses renowned techniques and our coveted Hormomasque to deliver instant and long-lasting results.

The anti-ageing facial works to improve skin slackening, fine lines and wrinkles, lack of hydration and pigmentation concerns.



## VITAMIN C RADIANCE REVIVER FACIAL

60 / 90 minutes

Re-charge and perfect dull lacklustre skin with this Vitamin enriched facial. Ideal for skin that has been exposed to environmental aggressors, this treatment is power packed with anti-oxidants to deeply moisturise and nourish.

Your complexion is brightened and radiance and luminosity are restored to reveal a 'lit-from-within' glow.



## ULTRA-LIFTING & ILLUMINATING FACIAL

#### 45 minutes

Indulge with this targeted express facial designed to restore luminosity and plump the skin from within. The treatment begins with a double cleanse to remove impurities before using our iconic 'Radiance Enhancing Gommage' to deeply exfoliate the skin.

The Perfection Ultime Anti-ageing Complexion Cream and Miracle Eye Contour Cream are applied at the end of the treatment to reveal a natural and even complexion.



## DEEP CLEANSE NEW SKIN REVEAL

#### 30 minutes

Clear your skin from impurities and re-balance with this express facial. Including a double cleanse, exfoliation, eye compress treatment and mask application.

## MOSITURE QUENCHING FACIAL

#### 30 minutes

Enjoy a deep cleanse, exfoliation and facial massage with this treatment. Skin is left cleansed, refreshed, suppler and more hydrated. Suitable for men.



## RADIANCE REFRESH & GLOW FACIAL

#### 45 minutes

Instantly recharge dull, fatigued and stressed skin with this targeted express facial. High performance draining techniques meet nutrient-rich formulas to deliver the ultimate skin-boost for all skin types.

Skin immediately recovers a healthy, dewy glow, facial features are lifted and a youthful vitality is restored.



## RÉGIMA POWER PEEL

As we get older, the natural process of skin cell renewal begins to slow down, and consequently we begin to see changes such as lines and wrinkles, age spots and pigmentation.

The RégimA Power Peel uses a peeling process through a unique method, that embraces natural ingredients and organic acids, to help you produce collagen and elastin.

The skin peel is a very mild procedure that simply removes your dead skin cells, or the cells that are damaged, from the very top layer of the skin. This then stimulates the metabolism of the skin cells that are beneath that top layer. As the old, damaged or dead cells are removed, the new layer is revealed. The skin is therefore completely rejuvenated with a radiant, improved texture, and new youthful glow.

RégimA have developed a new generation of in-salon Power Peels which essentially comprise organic acids, such as raspberry, apple, peach, lemon, milk and various other natural ingredients that enable the superficial removal of dead skin cells.



The Power Peel safely restores a youthful appearance effectively, but very gently and through various natural acids. This rejuvenates and improves colour, texture and the tone of your skin. It also smoothes out the fine lines, bringing back the health and regenerating the general glow of youth- giving you a 'rapid radiance' regardless of your age. It is also very safe to have the treatment if you are pregnant.

The Power Peel offers what RégimA calls, rapid radiance or the "Flash effect". It does this by giving skin a renewed elasticity, through instant smoothing of the fine lines and facial wrinkles. It can also help with the elimination and control of skin pigmentation as well as removing sun spots, liver spots or aging spots, on both your face and your hands. The peel can also help with the stubborn dark skin patches under your eyes.

As well as this, the Power Peel can also help with the treatment of problematic skin, scarring, hypertrophic and keloids scars, acne scarring, old skin graft areas and even burns. It is safe to use on all areas of the face (including neck and eyes) and other areas of the body and can help with anti-aging process on your hands.



## RÉGIMA PEELS AND TREATMENTS

★ First Skin Peel (includes 3 travel products)

★ Skin Peel

★ Skin Peel, Mask, Shoulder and Head Massage

(Buy three Skin Peels get the fourth one free)

**Acne Attack Facial** 

Rapid Rejuvo Treatment

This will leave your skin soft, radiant and smooth and is perfect to have before a special occasion.

### MICROBLADING

Microblading is a semi-permanent treatment that gives you perfect, fuller eyebrows that look completely natural, on any skin tone, with any shade range. In a process, similar to tattooing, delicate hair strokes are drawn onto the skin while also depositing pigment.

The result is a semi-permanent perfect brow, that can last between one and three years, depending on your skin type.

Arcana's specially trained microblading therapist will recommend the perfect colour, shape and size to provide you with the most natural looking results.

All initial microblading consultations are free.



#### LED MASKS

LED (Light-Emitting Diode) therapy is a modern, noninvasive treatment that uses different wavelengths of light to visibly improve and rejuvenate skin. The treatment is suitable for all skin types and works in just ten minutes.

#### The treatment is proven to:

- Plump and lift complexion
- Brighten skin
- Hydrate from the inside out
- Improve uneven tone and texture
- Boost blood flow
- Energise and repair cells
- Build collagen and elastin
- Treat the mind body and soul



### DERMANEEDLING

Dermaneedling (also known as Microneedling), is a cosmetic procedure that involves pricking the skin with tiny, sterilized needles.

These minute wounds cause your body to make more collagen and elastin, which heal your skin and help you look younger.

#### This treatment:

- \* Helps reduce fine lines and wrinkles
- \* Makes skin look firmer and more plump
- \* Helps with pigmentation

#### DERMAPLANING

Dermaplaning is a non-evasive procedure to create smoother skin. Our trained therapist gently skims the surface of the skin using an exfoliating blade, (also removing unwanted hair). It's used by those wanting a more youthful and soft complexion, to minimise dullness and the appearance of minor skin damage. This facial exfoliation treatment is quick and minimises the appearance of fine lines.

#### This treatment:

- Provides immediate results and is low risk
- Allows make up to look better/smoother
- Promotes collagen production
- Prevents breakouts
- Is good for sensitive skin



#### SHELAC NAILS

- Shellac Manicure
- Shellac Pedicure
- Soak Off & Re-Apply Manicure
- Soak Off & Re-Apply Pedicure
- ★ 🛾 Soak Off & Nail Tidy
- Swarovski Crystals

#### BUILDER GEL

Builder Gel is used to create shape and add strength to your nails. It prevents bending and breakage, offering a non-chip overlay and can be used to extend length using a tip.

#### **PEDICURE**

- Pedicure
- Lux Pedicure (Includes Cutting, Exfoliation, & Massage
- ★ Deluxe Pedicure (Includes Lux Pedicure & Hot Booties)



## MANICURES

Classic Manicure

Nailtiques Treatment Manicure

Lux Manicure
Includes Exfoliation & Massage

Deluxe Manicure -Includes Hot Mitts
French Polish



#### EYELASHES/ BROWS

- Eyelash Tint
- **Eyebrow Tint**
- Eyelash/Brow Tint & Wax
- \*\*\* Eyelash Lift & Tint
- Party Lashes

A 48 hour patch test is required if having a lash or brow tint.

#### MAKE-UP

- Trial & On the Day
  - ★ Special Occasion Make Up



### WAXING/ THREADING

1/2 Leg 3/4 Leg

Full Leg

**U**nder Arm

Forearm

Eyebrow

Lip or Chin

Lip & Chin

Face

Standard Bikini

Extended Bikini

Brazilian Wax

Hollywood Wax

1/2 Leg/ Bikini/ Under Arm

1/2 Leg/ Ext Bikini/ Under Arm

1/2 Leg/ Brazilian/ Under Arm

1/2 Leg/ Hollywood/ Under Arm



### MASSAGE

- ★ Back, Neck & Shoulder, 30 mins
- ★ Back, Neck & Shoulder + Head Massage -35 mins
  - ★ Full Body 60 mins

## GENTS WAXING

- ★ Full Back
   Chost & Abs
- ★ Chest & Abs

### EAR PIERCING

★ Includes care solution and 6 week check



WINCHESTER



SOUTHAMPTON

## ARCANA